

PSHE at Mereworth

Safer Internet Day 2018

This years Safer Internet Day is on Tuesday 6th February (week 5 Term 3) with the theme being: Create, connect and share respect: A better Internet starts with you.

During the week commencing 5th February, the children in each class will be undertaking aspects of work to teach them how to remain safe on the internet and how to use it responsibly. Also over the next few terms each class will be inviting parents to a presentation about their views on the internet and how to use this responsibly. Look out for your class dates in upcoming newsletters.

Values Based Education

Our Values Based Education has now completed its second year and our cycle of values began again in September 2017. November was Kindness month.

To involve the children as much as possible, they could give anybody a who had undertaken an act of kindness a piece of pasta. This was placed in the class pot to show how kind the class were to each other and to others around the school. Each class filled their pots and were awarded a certificate for being a kind class.

This month our value is Respect. Again the children can collect respect cards for being respectful to each other. Children as well as teaching staff can award a respect card. These will be displayed on our Values board in the hall, to show how respectful we are as a school.

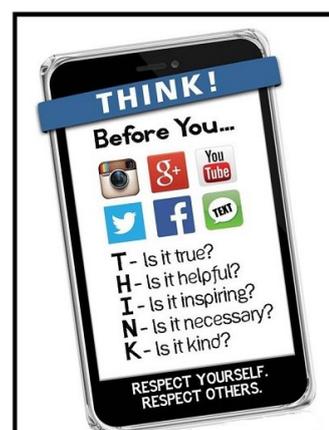
Please continue to support our values at home.

**Mereworth
Community
Primary School**

Issue 2

January 2018

Subject Leader:
Mrs K Delaney



Growth Mindset

As a school we will also be continuing to build on our understanding of Growth Mindset and continuing to work with the children to improve on their ability to succeed.

Dr. Dweck coined the terms ‘**fixed mindset**’ and ‘**growth mindset**’ to describe the underlying beliefs people have about learning and intelligence.

In a fixed mindset, children believe their basic qualities, like their intelligence or talent, are simply fixed traits and cannot be developed.

In a growth mindset, children believe that their most basic abilities can be developed through dedication and hard work - brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment.

When children believe they can develop their intelligence, they understand that effort makes them stronger. Therefore they put in the extra time and effort, and that leads to higher achievement.

DEVELOPING A **GROWTH MINDSET**



INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

School Council

The school council members, along with the school community and after discussions with parents at home, have decided that our chosen charity for this year will be Cancer Research UK. Some of the children have friends and family who have been affected by cancer and were keen to support this excellent charity.

We are also supporting Dandelion Time. This charity was set up in 2003 to specifically help children and young people who have had a difficult early life. It provides practical, farm-based developmental activities and a therapeutic service, to help children overcome past difficulties, develop in confidence and self-esteem and discover a new and positive path to follow. Their aim is to improve each child's emotional wellbeing and resilience so they are better able to lead full and happy lives and play a positive role within their communities as they become adults.