

Mereworth PE and Sports Newsletter

Issue 4

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Subject Leader: D. Mitchell

PE and Sports Opportunities at Mereworth



I'm excited to announce that the installation of the new playground and trim trail equipment was completed during the half term holiday. We have been able to purchase this equipment by using the Government funded 'PE and Sports Premium Funding' and thanks to a very generous donation from 'FOMS'. The school council members chose which pieces of equipment to purchase, so many thanks to Mrs Delaney for organising this. This has been a very exciting project and I'm sure it will give our children the opportunity to become even more active during break and lunch times for years to come.

The next project to improve our PE and Sports facilities has already begun, with companies being invited to quote for the installation of an artificial grass running track which will be laid around the perimeter of the field.

This will enable the children to take part in a daily mile run, provide much improved facilities for our annual sports day and enable us to invite other schools to take part in athletics and cross country inter-school competitions.

I'm sure you will agree this is a very exciting time for PE and sports at Mereworth and shows the school's commitment to providing the best opportunities for all the children to enjoy physical activity.

After School Clubs

The pupil questionnaire results from Term 6 2018 showed children requesting dance and gymnastics clubs. We have introduced a dance club that will run each term of this academic year, and a gymnastics and parkour club will be introduced for Term 3. Football club will continue to run on Tuesdays throughout this academic year and Wednesday's sports club will feature a different activity per term: in Term 2 its tri-golf.

Lunchtime Clubs

From Term 2, Mr Mitchell will be organising a variety of lunchtime activities based around non-competitive sports, and he will be supported by the Sports Captains and play leaders in running these activities. Children can choose when they wish to attend so there is no need to book for these.

As well as increasing the opportunities for children to be active, we continue to encourage them to have a healthy lifestyle. As part of this, Mr Mitchell and Mrs Collins will be organising a gardening club on Wednesdays from Term 2, where children will be able to grow fruit and vegetables for the whole school to sample at lunch times.

What's New?

In addition to helping the children adopt a healthy lifestyle to keep their body healthy, we are currently exploring opportunities to provide yoga and meditation clubs to help them develop and maintain a healthy mind.

Team Sports

The school football team has begun their defence of the Collaboration Inter-School Football League very well this season. We are at the halfway point of the league and we have played 4 matches, won 3 and drawn 1. I'm really proud of the way the whole squad have represented Mereworth during these games, showing great sportsmanship and team spirit.

We are currently running netball training during lunch break on a Monday and Tuesday in preparation for the Netball league starting in Term 4.

I'm really delighted to be the lead teacher organising these competitions across the collaboration schools, co-ordinating the fixtures and compiling the league table each week. I look forward to being able to update you on these fixtures and competitions in the near future.

As always, if you have any questions about PE or Sport at Mereworth please speak to me.

Mr Mitchell

Sign up for this term's clubs now!