



MEREWORTH COMMUNITY PRIMARY SCHOOL

After School Club Menu

Our teatime menu runs on a three-week rotation



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Fishcakes, chips and peas	Vegetable egg fried rice (V)	Baked beans on wholemeal toast <i>with carrot and cucumber</i> (V)	Mini pizzas <i>with sweetcorn</i> (V)	Chicken and cheese wraps <i>with cucumber</i>
WEEK 2	Baked beans on wholemeal toast <i>with carrot and cucumber</i> (V)	Chicken and lettuce wholemeal pittas	Tuna and sweetcorn pasta bake	Vegetable stir-fry (V)	Cheese and tomato quesadillas <i>with peppers</i> (V)
WEEK 3	Chicken and vegetable rice	Scrambled egg on wholemeal toast <i>with carrot and cucumber</i> (V)	Vegetable and tomato pasta (V)	Fish finger sandwiches <i>with carrot sticks</i>	Bean and cheese quesadillas (V)

Allergies or dietary needs? Please let the office know. Full allergen information is available on request.

(V) Vegetarian · Menus may change occasionally, depending on availability.

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