



Physical Education — Long Term Plan

Scheme: TLG-PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception <i>EYFS topic</i>	All About Me	The way we used to live	Super Heroes • Swimming	Castles	Transport	The Sea
Year 1	Sending & Receiving Throwing & Catching	Attacking & Defending • Swimming	Dance — Fairytales Gymnastics 2 — Balances & Jumps	Dance — Superhero OAA	Athletics Gymnastics 1 — Travel & Shapes	Net & Wall Striking & Fielding
Year 2	• Swimming Throwing & Catching	Attacking & Defending Sending & Receiving	Dance — Animals Gymnastics 1 — Travel & Shapes	Net & Wall Dance — Pirates	Gymnastics 2 — Balances & Jumps OAA	Striking & Fielding Athletics
Year 3	Tag Rugby Netball	Football Handball	Floor Gymnastics Basketball	Dance — KS2 Street 1 • Swimming	Cricket OAA	Athletics Tennis
Year 4	Tag Rugby • Swimming	Tennis Dance — KS2 Street 1	Handball Basketball	Netball Hockey	Athletics Floor Gymnastics	Cricket Tennis
Year 5	Tag Rugby Netball	• Swimming Handball	Basketball Floor Gymnastics	Football Dance — Africa	OAA Tennis	Cricket Athletics
Year 6	Football Floor Gymnastics	Tag Rugby Netball	Basketball • Swimming	Handball Dance — KS2 Street 1	Cricket Tennis	Athletics OAA

• **Swimming — when each year group is in the pool**

Reception — Spring 1 · Year 1 — Autumn 2 · Year 2 — Autumn 1 · Year 3 — Spring 2 · Year 4 — Autumn 1
· Year 5 — Autumn 2 · Year 6 — Spring 1

Each year group from Year 1 covers two activities per half term. Reception is shown by its EYFS topic — physical development is taught through continuous provision and the topic theme rather than as discrete PE units, with swimming in Spring 1.