

Miss A Lavelle
Head Teacher BEd (Hons) NPQH

Miss K Maryon BEd (Hons) NPQH
Deputy Head teacher



The Street
Mereworth
Maidstone
Kent
ME18 5ND

Tel: (01622) 812569

Email: office@mereworth.kent.sch.uk
www.mereworth.kent.sch.uk

Mereworth Community Primary School
"Lasting learning experiences for life"

Friday 28th January 2022

Changes to Personal, Social, Health and Economic education

Dear Parents and Carers,

As a part of your child's education at Mereworth, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

From September 2020, the aspects of Relationships and Health and Wellbeing in PSHE education became a statutory subject. At Mereworth School, Living in the Wider World covers this area of the curriculum.

This letter was originally sent out to all parents last academic year, to inform you of the statutory changes and is being sent out again to remind you of all the changes that have taken place, especially with regards to Health and Wellbeing and the teaching of puberty across the year groups.

What does the guidance mean?

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up provides young people with the information, skills and positive values to have safe, fulfilling relationships and to help them take responsibility for their own well-being.

All PSHE lessons are age-appropriate and are designed to meet the needs of all pupils in the class.

How will this be delivered?

This guidance will form part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and school governors.

For more details about the PSHE curriculum offer, please visit the school's website:

<https://mereworth.kent.sch.uk/pshe-and-re/>. Here you can find a copy of the PSHE Policy, Curriculum Overview for each year group, vocabulary planners for the language used at each stage. There is also a parent PowerPoint presentation which outlines the statutory curriculum and how we teach PSHE and Relationships and Health and Wellbeing Education.



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At Mereworth, we have always taken pride in our PSHE education and found that when the new changes were introduced, the school did not need to make many alterations as we were already teaching many of the aspects. Those areas that did need alterations were in the subject content of each year group. All teaching within PSHE lessons takes place in a safe learning environment and is underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

What if I have questions?

If you would like to find out more or discuss any concerns, please contact Mrs Kath Delaney (PSHE Curriculum Leader) on pshe@mereworth.kent.sch.uk.

Mrs K Delaney
PSHE Curriculum Leader

