

MEREWORTH COMMUNITY PRIMARY SCHOOL



PERSONAL, SOCIAL, HEALTH, AND ECONOMIC (PSHE) POLICY

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PSHE Policy

Introduction

At Mereworth, we see Personal, Social, Health and Economic education (PSHE) as an important and necessary part of our children's lives. We aspire to develop successful learners who have the qualities and attributes needed to achieve their academic potential, to thrive as individual family members and to manage their lives in today's society and in the society of the future.

From September 2020 the aspects of Relationships and Health and Well-being of the PSHE curriculum became statutory. PSHE encompasses many areas of the curriculum and can be taught across the curriculum. We ensure that PSHE is taught in a safe and supportive environment with the ground rules being established before talking about all subjects of a sensitive nature. We will ensure that where pupils indicate that they may be vulnerable or at risk, they will get appropriate support from staff and our school counsellor.

Research has shown that an effective PSHE curriculum;

'Has significant potential to boost pupils' life chances, helping them to stay safe both online and offline, improve their physical and emotional health and develop the character, resilience and skills they need to succeed academically and in the workplace.'

(A curriculum for life: The case for statutory Personal, Social, Health and Economic (PSHE) education December 2017)

Intent

We use the PSHE Associations Programme of Study (POS) which has been especially formed to ensure all statutory elements are covered across all year groups. This POS is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The Programme of Study follows a spiral curriculum which continues to build on the previous year's learning and has been adapted to suit the needs of our school. It also ensures a broad and balanced curriculum. The scheme aims to equip children and young people with essential skills for life, with development of the whole child through planned lessons and appropriate resources to support learning.

The scheme covers three core areas which are split across each term of the academic year:

- Health and Well-being
- Relationships

- Living in the wider world, which includes aspects of money, finance and economics.

Our intention is that PSHE lessons are not a series of one-off lessons, but that quality rather than quantity is paramount to effective learning. Visitors to school will be followed up by additional lesson in classrooms.

As PSHE is a continually developing subject we are committed to ensuring that we develop our pupil's knowledge in an unbiased, balanced, accurate way with information that is up to date. Throughout the lesson's children will be taught how to: maintain and build successful relationships keep safe and healthy including online safety. Key vocabulary is available for health and well-being lessons for example: puberty.

PSHE lessons will be taught for a minimum of 45 minutes over 2 weeks.

Implementation

At Mereworth we will be following a thematic approach to teaching and learning. The POS has an overview for each core area as well as an overview for each year group. Plans consist of Learning objectives and Learning outcomes as well as the number of sessions each objective should take to complete.

Differentiation is available along with ideas for resources and advice on how to structure lessons according to the needs of the class/child/school.

The objectives of PSHE can be taught across other subject areas of the curriculum. Where possible, teaching will be cross curricular. For example: RSE falls within Health and Wellbeing and Relationships, puberty is also covered through the Science curriculum, e-safety through Computing.

Teacher use effective questioning to assess the children's knowledge at the beginning of each core theme. This allows teachers to evaluate and assess learning as well as allowing for planning to be tailored to the needs of the class.

At the end of each core theme there is an opportunity for consolidation and reflection. This could be through discussions or adding more information to the baseline assessment completed at the beginning of the theme. This enables the children to self-evaluate and reflect on their own learning.

Weekly PSHE assemblies tailored to the needs of EYSF, KS1 and KS2 take place on a Wednesday. Areas of the curriculum can be discussed as a whole Key Stage and then

followed up with class discussions. Assemblies can also cover key topics for example: National Awareness Days, key festivals and celebrations across a range of cultures, fire and water safety, Online Safety etc.

Our PSHE curriculum also builds on the Early Learning Goals of the Early Years Foundation Stage where learning is developed through purposeful and carefully planned play activities.

Impact

The PSHE scheme of work provides an effective curriculum to cover all aspects of a child's wellbeing. The objectives and learning can be tailored to the needs of the cohort while taking into account prior learning and experiences. The spiral curriculum ensures that topics are continually covered across the year groups and learning built upon.

In a safe environment fostering openness, trust and respect pupils are encouraged to share thoughts and ideas, support and seek the support of their peers.

As a school we encourage the skills learnt through PSHE lessons to be transferred into everyday life and to be practiced within their safe environment so that pupils will have the confidence to develop and contribute successfully in today's modern society.

A successful PSHE curriculum and education can have positive impacts on the whole child. Not just their self-esteem and academic progress but also with their resilience in learning how to overcome barriers to and in their social lives. Successful PSHE education can also help, and support all pupils including disadvantaged and vulnerable children achieve, equipping them with the tools to overcome barriers they may face in everyday situations at school and at home.

Right to Withdraw

From September 2020 there will be no right of withdrawal from the Relationships and Health and Well-being aspects of the PSHE curriculum.

Links with Other Policies

Drug Awareness Policy, Relationships and Sex Education Policy, Health Policy, Anti-Bullying Policy, Child Protection and Safeguarding Policy and the Equalities Policy.